

Dr Lindahl's recommendations:
LenSx Yes or No (circle one)
OD Lens _____
OS Lens _____
First Eye _____
Notes _____

Patient: _____ ACCT #: _____

Preoperative Checklist and Instructions

- Pay for drops at least 3 weeks before the procedure. Start Drops 3 days prior to procedure.
- Provide the surgery center your health history (instructions provided).
- Pay for premium services one week before the procedure.

- *The Surgery Center will call you in the afternoon the day before surgery to tell you what time your surgery will be.*
- **NO FOOD OR DRINK** after midnight the night prior to your surgery. This includes Gum, Candy, and Mints.
Surgery will be cancelled or postponed if this is not strictly adhered to.
- Do not stop any medications unless otherwise instructed by the surgical center or Dr Lindahl.
- The surgery center will instruct you what medications to take the day of surgery.
- You must arrange transportation to and from the surgery center on the day of surgery as well as your one-day post-op appointment the following day.
- The surgery center requires you to have someone remain in the car at the center during your surgery and with you for 24 hours after surgery due to anesthesia.
- A plastic eye shield is to be worn for the first week after surgery while sleeping. Sunglasses provided are to be used for the first week only following surgery (no UV protection for long term use).
- During the first week after surgery, you may proceed with normal activities with exceptions of: no heavy lifting (over 15 lbs), no strenuous exercise and no swimming/spas.
- No eye makeup for the first three days after surgery.
- Call for any changes of vision or other alarming symptoms that occur between appointments.
- Covid testing may or may not be covered by your insurance. Please call your insurance company to determine if you will have an out-of-pocket expense. We use U of R or Rochester Regional labs.

Patient Signature/Date

Witness Signature/Date